



INFECTIOUS DISEASE SYMPTOMS AND ATTENDANCE POLICY

Bringing a sick child to the centre puts the health of ALL the children at risk. No-one welcomes the complications and

The average body temperature is about 37C (98.6F)

DISEASE	SYMPTOMS	INFECTIOUS	REMOVE FROM CENTRE POLICY
common cold	runny nose, clear discharge, lack of appetite, slight cough	yes (before & during symptoms)	no, as long as child can fully participate in programming
cold with fever	temp above 38.0, runny nose with green or yellow discharge, tired, severe cough, aches all over	yes, before and during symptoms	yes, if child has fever, and if child is unable to participate in programming without being medicated
fever	consistent temperature above 38.0 general lethargy, possible chills	unknown	yes, for 24 hours and when fever has subsided, energy returns, and child is able to participate in programming without being medicated
ear infection	temp above 38.0, clear discharge from nose, cranky, pulls on ears	no	yes, if child has fever, if child in pain and unable to participate in program
pink eye	thick discharge from one or both eyes, teary, redness, or itching of one or both eyes, sensitive to sunlight	yes	yes, until infection is cleared up
sore throat	fever above 38.0, red throat, hurts to swallow (could be strep throat)	yes	yes, until on antibiotics for 24 hours, child is able to fully participate in programming and doctor's note stating not contagious
diarrhea #1	runny stools	no, after 3 runny bowls child goes home	yes, 24-48 hours after last bowel movement, and child is able to participate without medication
diarrhea #2	runny stools, bad smell, fussy, cranky, pain and/or vomiting, temperature above 38.0	yes	yes, 24-48 hours after last bowel movement, and child is able to fully participate without medication
nausea / vomiting	when not obviously caused by food/milk intake	yes	yes, 24-48 hours after last vomiting, and child is able to fully participate without medication
flu	temperature above 38.0, cranky, pain, may have runny nose, nausea / vomiting	yes	yes, 24-48 hours after last vomiting, and child is able to fully participate without medication
herpes simplex	fever blister or sore around mouth	yes	yes, until blisters have dried
impetigo	crusty rash, mostly on face, arms and legs	yes	yes, until on antibiotics for 24 hours, child is able to fully participate in programming
rashes	red spots anywhere (may be measles, chicken pox, impetigo)	yes	yes, until doctor's note says not contagious
head lice	small white eggs (nits) firmly attached to hair shaft (ears & neck) - itching, and/or crawling lice	no	parents are responsible for treating the outbreak. Continue preventative measures until all signs of lice or nits are removed

hand, foot & mouth	spots on palms of hands, fingers, sometimes buttocks, for 7-10 days	yes	yes, when blisters are dried
chicken pox / shingles	slight fever, blister type rash appearing first on the body, face and scalp, then spreads to limbs	yes, 10-14 days before blisters appear - until scabbed over	yes, from when spots first appear and for 5-7 days afterwards - when blisters have scabbed over
fifth disease	raised, red, warm rash first appearing on cheeks (slapped cheek appearance) After 1-4 days, a lace-like rash spreads to rest of body	yes	yes, until 4 days after rash appears, and child is able to fully participate in programming
measles (rubeola)	fever, inflamed eyes, dry cough, runny nose, dusky red blotchy rash, 3-7 days later spreading downwards from face, white spots in mouth	yes, just before symptoms start, up to 4 days after rash appears	yes, until doctor's note says no longer contagious
meningococcal meningitis	fever, intense headache, nausea, vomiting, stiff neck and often pinpoint rash	yes, until 24 hours after start of antibiotics	yes, until doctor says child is well enough to return
mononucleosis	acute fever, sore throat, swollen glands, tiredness	yes, prolonged	yes, until doctor's note says no longer contagious and child feeling well enough to fully participate
mumps	fever, headache, inflammation of salivary glands causing cheeks to swell painfully (sometimes no swelling)	yes, from 6 days before swelling to 14 days after	yes, until 14 days after swelling or doctor's note says no longer contagious, child well enough to fully participate in programming
whooping cough	runny nose, repeated violent coughing followed by characteristic whoop, sometimes followed by vomiting	yes, very contagious in early stages before cough, for 3 weeks after	yes, until 5 complete days of antibiotic treatment, and child feels well enough to participate
sixth disease (roseola infantum)	fever lasting 3-4 days followed by raised red rash on trunk, later spread to rest of body, lasting 1-2 days	yes, during fever	yes, during fever (not during rash) until child feeling well enough to participate fully in programming
rubella (german measles)	often slightly raised, red pinpoint rash, spreading from behind ears and face heading downwards. Children usually have few symptoms	yes, 1 week before and 7 days after onset of rash	yes, for 7 days after onset of rash, until child feeling well enough to participate fully in programming
RSV (respiratory syncytial virus)	fever, chills, headache, general malaise, respiratory tract symptoms	yes, just prior to and until end of active disease	yes, until doctor's note says no longer contagious and child well enough to fully participate in programming
scarlet fever	sandpaper like rash, blanching on pressure. Strawberry-like tongue. Possible fever, nausea, vomiting, sore throat, headache. During recovery skin on hands and feet may peel	yes, 10-21 days if untreated, until 24 hours after antibiotic treatment	yes, until after 24 hours of antibiotic treatment and child feels well enough to fully participate in programming

strep throat	fever, very sore throat, swollen glands, postular tonsils	yes, several weeks, months if untreated	yes, until after 24 hours of antibiotic treatment and child feels well enough to fully participate in programming
pinworms	itching of anal area, restless, irritability	yes, while eggs are produced by adult worms - eggs may remain infectious for 2 weeks	yes, until doctor's note says no longer contagious
ringworm	ring-shaped patches of temporary baldness, with small yellowish crusts. If on feet usually very itchy and may cause cracking between toes	yes, as long as infection is present	yes, until doctor's note says no longer infectious
scabies	tiny blisters or burrow lines in skin, often seen in folds between fingers, wrists, elbows, thigh and abdomen. Intense itching particularly at night	yes, until mites / eggs are destroyed	yes, until after 24 hours after treatment
escherichia coli (e.coli)	early symptoms, loose/watery diarrhea, with/out blood or mucus. Mild/severe cramps. Poss. Vomiting, poss. Fever. Later symptoms may include dehydration, irritability, fatigue, pale skin, decrease in urine	yes, for duration of diarrhea, sometimes longer, up to 3 weeks	yes, until doctor determines no longer contagious and is well enough to fully participate in programming
cryptosporidiosis	diarrhea, cramps, nausea, vomiting, fever, general malaise	yes, during course of infection, may be longer	yes, until doctor determines child is no longer contagious and well enough to fully participate in programming
campylobacter	abdominal pain, diarrhea, fever, nausea, vomiting, malaise	yes, during course of infection, may be longer	yes, until doctor determines child is no longer contagious and well enough to fully participate in programming
beaver fever	chronic diarrhea, abdominal cramps, bloating, fatigue	yes, during entire period of infection	yes, until doctor determines child is no longer contagious and well enough to fully participate in programming
salmonellosis	headache, abdominal cramps, nausea, vomiting, diarrhea, fever	yes during entire period of infection	yes, until doctor determines child is no longer contagious and well enough to fully participate in programming
croup	harsh, barking cough, swelling and narrowing of voice box, windpipe and breathing tubes, fever	yes, 3 days after the illness begins, or until fever is gone	yes, until fever gone, child is no longer contagious and well enough to fully participate