



INFECTIOUS DISEASE SYMPTOMS AND ATTENDANCE POLICY

Bringing a sick child to the centre puts the health of ALL the children at risk. No-one welcomes the complications and stresses this brings to our lives; by respecting our policy you are showing respect to all the Society members. If your child is sick, home is the best place for their speedy recovery.

The average body temperature is about 37C (98.6F)

DISEASE	SYMPTOMS	INFECTIOUS	REMOVE FROM CENTRE POLICY
Campylobacteriosis	abdominal pain, diarrhea, fever, nausea, vomiting, malaise	yes, during course of infection, may be longer	yes, until 48 hours after last episode of diarrhea or vomiting and child is well enough to fully participate in programming or as directed by the Health Authority
Chicken Pox / Shingles	slight fever, blister type rash appearing first on the body, face and scalp, then spreads to limbs	yes, 1-2 days before blisters appear - until scabbed over	yes, until all blisters have crusted over and the child is able to fully participate in programming
Common Cold	runny nose, clear discharge, lack of appetite, slight cough	yes (before & during symptoms)	no, as long as child can fully participate in programming
Cold with fever	temp above 38.0, runny nose with green or yellow discharge, tired, severe cough, aches all over	yes, before and during symptoms	yes, if child has fever, and if child is unable to participate in programming without being medicated
Cold sores (herpes simplex)	fever, superficial blister with a red base around the mouth and lips, sore mouth	yes	yes, until blisters have crusted over or child is aware of how to prevent the spread of the virus to others with proper hygiene and awareness of environment
Croup	harsh, barking cough, swelling and narrowing of voice box, windpipe and breathing tubes, fever	yes, shortly before until end of active disease	yes, until symptom free and child feels well enough to fully participate in programming
Cryptosporidiosis	diarrhea, cramps, nausea, vomiting, fever, general malaise	yes, during course of infection, may be longer	yes, until 48 hours after last episode of diarrhea or vomiting and child is well enough to fully participate in programming or as directed by the Health Authority
Diarrhea #1	runny stools	no, after 3 runny bowls child goes home	yes, until child is able to fully participate in program without medication and at least 24 hours after last bowel movement
Diarrhea #2	runny stools, bad smell, fussy, cranky, pain and/or vomiting, temperature above 38.0	yes	yes, until child is able to fully participate in program without medication and at least 24 hours after last bowel movement
Ear Infection	temp above 38.0, clear discharge from nose, cranky, pulls on ears	no	yes, if child has fever, if child in pain and unable to participate in program

Escherichia coli (E.coli)	early symptoms, loose/watery diarrhea, with/out blood or mucus. Mild/severe cramps. Possible vomiting or fever. Later symptoms may include dehydration, irritability, fatigue, pale skin, decrease in urine	yes, for duration of diarrhea, sometimes longer, up to 3 weeks	yes, until 48 hours after last episode of diarrhea or vomiting and child is well enough to fully participate in programming or as directed by the Health Authority
Fever	consistent temperature above 38.0 general lethargy, possible chills	unknown	yes, for 24 hours and fever has subsided, energy returns, and child is able to participate in programming without being medicated
Fifth Disease (slapped cheek)	raised, red, warm rash first appearing on cheeks (slapped cheek appearance) After 1-4 days, a lace-like rash spreads to rest of body	yes, 7 - 10 days before rash	yes, until child is able to fully participate in programming
Giardiasis (beaver fever)	chronic diarrhea, abdominal cramps, bloating, fatigue	yes, during entire period of infection	yes, until 48 hours after last episode of diarrhea or vomiting and child is well enough to fully participate in programming or as directed by the Health Authority
Haemophilus influenzae type b (Hib)	fever, headache, vomiting, tiredness, bulging fontanelle in infants, stiff neck and back in older children	yes, until treated with antibiotics	yes, until 48 hours after starting antibiotics and child feels well enough to fully participate in programming
Hand, Foot & Mouth	fever, sore throat, headache, small painful blisters inside the mouth on the tongue and gums, blisters may appear on the palms, fingers and soles	yes	yes, when blisters are dried and child is able to fully participate in programming
Head Lice	small eggs (nits) firmly attached to hair shaft (ears & neck) - itchy scalp and/or crawling lice	no, highly spreadable	no, parents are responsible for treating the outbreak. Continue preventative measures until all signs of lice or nits are removed
Hepatitis A	fatigue, fever, nausea, vomiting, loss of appetite, abdominal pain, jaundice, dark urine	yes, 2 weeks before until 1 week after jaundice begins	yes, 14 days from onset of symptoms or 7 days from the onset of jaundice, whichever is longer or as directed by the Health Authority
Impetigo	rash that looks like clusters of red bumps or blisters surrounded by an area of redness, may be fluid oozing from blisters, crust may form and sores around the mouth, nose, and on skin not covered by clothing	yes	yes, until on antibiotics for 24 hours and child is able to fully participate in programming
Influenza	temperature above 38.0, cranky, pain, may have runny stools, nausea / vomiting	yes	yes, until child has fully recovered from all flu symptoms and is able to fully participate in program without medication

Measles (rubeola)	fever, inflamed eyes, dry cough, runny nose, dusky red blotchy rash, 3-7 days later spreading downwards from face, white spots in mouth	yes, just before symptoms start, up to 4 days after rash appears	yes, until fully recovered and at least 4 days after the rash appears, child is able to fully participate in programming without medication
Meningitis	high fever, headaches, stiff neck, vomiting, nausea, confusion, sleepiness, may cause seizures	yes, 3 days after infection to 10 days after developing symptoms	yes, until child is fully recovered and feels well enough to participate in programming or as directed by the Health Authority
Meningococcal Meningitis	fever, intense headache, nausea, vomiting, stiff neck and often pinpoint rash	yes, until 24 hours after start of antibiotics	yes, until child feels well enough to fully participate in programming and at least 24 hours after starting antibiotics
Methicillin-Resistant Staph (MRSA)	red painful bumps under the skin, sores that contain pus or crust over, wound that looks like a spider bite, fever and chills	yes, as long as sores continue to drain	yes, until sores are not draining and child feels well enough to participate fully in programming
Mononucleosis	acute fever, sore throat, swollen glands, tiredness	yes, prolonged	yes, until child feels well enough to fully participate in programming and at least 2 - 4 weeks from diagnosis
Mumps	fever, headache, inflammation of salivary glands causing cheeks to swell painfully (sometimes no swelling)	yes, from 7 days before swelling to 9 days after	yes, until child feels well enough to fully participate in programming and at least 9 days after swelling appeared
Norovirus	nausea and vomiting, diarrhea, abdominal cramps, fever, chills	yes, most contagious when ill and in the first 3 days after recovery	yes, 48 hours after last episode of diarrhea or vomiting and until the child is fully recovered and well enough to participate in programming
Pertussis (whooping cough)	runny nose, repeated violent coughing followed by characteristic whoop, sometimes followed by vomiting	yes, very contagious in early stages before cough, for 3 weeks after	yes, until 5 complete days of antibiotic treatment, coughing subsides and child feels well enough to fully participate in programming
Pink Eye	glassy, teary, red, itchy eyes, swollen eyelids, pus or thick yellowish discharge that can make eyelids sticky especially during sleep	yes	yes, until infection is cleared up
Pinworms	itching of anal area, restless, irritability	yes, while eggs are produced, eggs outside the body may remain infectious for 2 weeks	yes, until providing reasonable evidence that 1st dose of medication has been administered
Rashes	red spots anywhere (may be measles, chicken pox, impetigo)	yes	yes, until doctor's note says not contagious
RSV (respiratory syncytial virus)	fever, chills, headache, general malaise, respiratory tract symptoms	yes, 3 - 8 days starting right before the onset of symptoms	yes, until child feels well enough to fully participate in programming

Ringworm	ring-shaped patches of temporary baldness, with small yellowish crusts. If on feet usually very itchy and may cause cracking between toes	yes, as long as rash is present	yes, until providing reasonable evidence that 1st dose of medication has been administered
Roseola (sixth disease)	fever lasting 3-4 days followed by raised red rash on trunk, later spread to rest of body, lasting 1-2 days	yes, during fever	yes, until fever and rash are gone and child feels well enough to fully participate fully in programming
Rotavirus	fever, vomiting, diarrhea, abdominal pain	yes, during acute stage of illness and until diarrhea has stopped	yes, until 48 hours after last episode of diarrhea or vomiting and child is well enough to fully participate in programming
Rubella (German measles)	often slightly raised, red pinpoint rash, spreading from behind ears and face heading downwards. Children usually have few symptoms	yes, 7 days before and 7 days after onset of rash	yes, for 7 days after onset of rash and until child feels well enough to fully participate fully in programming
Salmonellosis	headache, abdominal cramps, nausea, vomiting, diarrhea, fever	yes during entire period of infection	yes, until 48 hours after last episode of diarrhea or vomiting and child is well enough to fully participate in programming or as directed by the Health Authority
Scabies	tiny blisters or burrow lines in skin, often seen in folds between fingers, wrists, elbows, thigh and abdomen. Intense itching particularly at night	yes, until mites / eggs are destroyed	yes, until providing reasonable evidence that 1st dose of medication has been administered
Scarlet Fever	sandpaper like rash, blanching on pressure. Strawberry-like tongue. Possible fever, nausea, vomiting, sore throat, headache. During recovery skin on hands and feet may peel	yes, 10-21 days if untreated, until 24 hours after antibiotic treatment	yes, until after 24 hours of antibiotic treatment and child feels well enough to fully participate in programming
Strep Throat	fever, very sore throat, swollen glands, pustular tonsils	yes, several weeks, months if untreated	yes, until after 24 hours of antibiotic treatment and child feels well enough to fully participate in programming
Vomiting (and/or Nausea)	nausea or vomiting, unless determined other factors induced the episode	yes	yes, until child is able to fully participate in program without medication and at least 24 hours after last vomiting
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